For the week of December 15, 2019
Preacher: Scott Grant

Seek First

15th week in the series: *Blessed Are*

Matthew 6:25-34

Anxiety is on the rise in our country and particularly in our part of the country. Jesus tells us multiple times to not be anxious. But it looks as if he doesn't think we can simply hear those words and follow them, because he surrounds them with so many other words that form questions and other instructions.

Discussion Questions:

1. 1. If you feel anxious today, what specifically are you anxious about?

2. Jesus instructs us to observe flowers and birds. How do you think observing flowers and birds could help us with whatever we're anxious about?

3. Jesus tells us to "seek first the kingdom of God and his righteousness": seek first to know Christ and to know the ways of Christ.

    a. How do you think we can go about doing this?

    b. How do you think seeking Christ and the ways of Christ could help us with whatever we're anxious about?